

MESSAGE

Occasion : Morning Worship
Date : December 21, 2014 / May 14, 2016

TITLE : REMEMBERING ALL HIS BENEFITS
Text/s :

Ps 103:1-6

- 1 Bless the LORD, O my soul: and all that is within me, bless his holy name.
- 2 Bless the LORD, O my soul, and forget not all his benefits:
- 3 Who forgiveth all thine iniquities; who healeth all thy diseases;
- 4 Who redeemeth thy life from destruction; who crowneth thee with lovingkindness and tender mercies;
- 5 Who satisfieth thy mouth with good things; so that thy youth is renewed like the eagle's.
- 6 The LORD executeth righteousness and judgment for all that are oppressed.

(KJV)

Ps 116:12

12 What shall I render unto the Lord for all his benefits toward me?

KJV

Bible Reading :

Ps 103:8-17

- 8 The Lord is merciful and gracious, slow to anger, and plenteous in mercy.
- 9 He will not always chide: neither will he keep his anger for ever.
- 10 He hath not dealt with us after our sins; nor rewarded us according to our iniquities.
- 11 For as the heaven is high above the earth, so great is his mercy toward them that fear him.
- 12 As far as the east is from the west, so far hath he removed our transgressions from us.
- 13 Like as a father pitieth his children, so the Lord pitieth them that fear him.
- 14 For he knoweth our frame; he remembereth that we are dust.
- 15 As for man, his days are as grass: as a flower of the field, so he flourisheth.
- 16 For the wind passeth over it, and it is gone; and the place thereof shall know it no more.
- 17 But the mercy of the Lord is from everlasting to everlasting upon them that fear him, and his righteousness unto children's children;

KJV

Rom 8:14-39

- 14 For as many as are led by the Spirit of God, they are the sons of God.
- 15 For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father.
- 16 The Spirit itself beareth witness with our spirit, that we are the children of God:
- 17 And if children, then heirs; heirs of God, and joint-heirs with Christ; if so be that we suffer with him, that we may be also glorified together.
- 18 For I reckon that the sufferings of this present time are not worthy to be compared with the glory which shall be revealed in us.
- 19 For the earnest expectation of the creature waiteth for the manifestation of the sons of God.
- 20 For the creature was made subject to vanity, not willingly, but by reason of him who hath subjected the same in hope,
- 21 Because the creature itself also shall be delivered from the bondage of corruption into the glorious liberty of the children of God.
- 22 For we know that the whole creation groaneth and travaileth in pain together until now.
- 23 And not only they, but ourselves also, which have the firstfruits of the Spirit, even we ourselves groan within ourselves, waiting for the adoption, to wit, the redemption of our body.
- 24 For we are saved by hope: but hope that is seen is not hope: for what a man seeth, why doth he yet hope for?
- 25 But if we hope for that we see not, then do we with patience wait for it.

26 Likewise the Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered.
27 And he that searcheth the hearts knoweth what is the mind of the Spirit, because he maketh intercession for the saints according to the will of God.
28 And we know that all things work together for good to them that love God, to them who are the called according to his purpose.
29 For whom he did foreknow, he also did predestinate to be conformed to the image of his Son, that he might be the firstborn among many brethren.
30 Moreover whom he did predestinate, them he also called: and whom he called, them he also justified: and whom he justified, them he also glorified.
31 What shall we then say to these things? If God be for us, who can be against us?
32 He that spared not his own Son, but delivered him up for us all, how shall he not with him also freely give us all things?
33 Who shall lay any thing to the charge of God's elect? It is God that justifieth.
34 Who is he that condemneth? It is Christ that died, yea rather, that is risen again, who is even at the right hand of God, who also maketh intercession for us.
35 Who shall separate us from the love of Christ? shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword?
36 As it is written, For thy sake we are killed all the day long; we are accounted as sheep for the slaughter.
37 Nay, in all these things we are more than conquerors through him that loved us.
38 For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come,
39 Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.
(KJV)

Song/s :

I Am Not Worthy the Least of His Favor
By Beatrice Bush Bixler

I am not worthy the least of His favor,
But Jesus left heaven for me;
The Word became flesh and He died as my Savior,
Forsaken on dark Calvary.

Chorus:

I am not worthy this dull tongue repeats it!
I am not worthy this heart gladly beats it?
Jesus left heaven to die in my place
What mercy, what love and what grace!

I am not worthy the least of His favor,
But "In the beloved" I stand;
Now I'm an heir with my wonderful Savior,
And all things are mine at His hand.

I am not worthy the least of His favor,
But He is preparing a place
Where I shall dwell with my glorified Savior,
Forever to look on His face.

INTRODUCTION

The benefits of the Lord are, indeed, great and marvelous, and it would be an act of ingratitude not to remember and appreciate them. Let's appreciate a partial list of the benefits of the Lord here:

A) Forgiveness

Ps 103:3

3 Who forgiveth all thine iniquities; who healeth all thy diseases;
(KJV)

1 John 1:7-9

7 But if we walk in the light, as he is in the light, we have fellowship one with another, and the blood of Jesus Christ his Son cleanseth us from all sin.

8 If we say that we have no sin, we deceive ourselves, and the truth is not in us.

9 If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.

KJV

Ps 103:3

3 Who forgives [every one of] all your iniquities, Who heals [each one of] all your diseases,
AMP

Ps 32:1-2

1 Blessed is he whose transgression is forgiven, whose sin is covered.

2 Blessed is the man unto whom the LORD imputeth not iniquity, and in whose spirit there is no guile.

(KJV)

Ps 51:1-3

1 Have mercy upon me, O God, according to thy lovingkindness: according unto the multitude of thy tender mercies blot out my transgressions.

2 Wash me thoroughly from mine iniquity, and cleanse me from my sin.

3 For I acknowledge my transgressions: and my sin is ever before me.

(KJV)

Matt 9:2

2 And, behold, they brought to him a man sick of the palsy, lying on a bed: and Jesus seeing their faith said unto the sick of the palsy; Son, be of good cheer; thy sins be forgiven thee.

(KJV)

B) Healing

Ps 103:3

3 Who forgiveth all thine iniquities; who healeth all thy diseases;
(KJV)

Ps 103:3

3 Who forgives [every one of] all your iniquities, Who heals [each one of] all your diseases,
AMP

Ps 147:3

3 He healeth the broken in heart, and bindeth up their wounds.

(KJV)

Ecc 6:7

7 All the labour of man is for his mouth, and yet the appetite is not filled.

KJV

The greatest and ultimate disease is that of aging and death... but one day, there will be no more death.

Rev 21:4

4 And God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain: for the former things are passed away. (KJV)

1 Cor 15:26

26 The last enemy that shall be destroyed is death.

(KJV)

Isa 25:8

8 He will swallow up death in victory; and the Lord GOD will wipe away tears from off all faces; and the rebuke of his people shall he take away from off all the earth: for the LORD hath spoken it.

(KJV)

Hosea 13:14

14 I will ransom them from the power of the grave; I will redeem them from death: O death, I will be thy plagues; O grave, I will be thy destruction: repentance shall be hid from mine eyes.

(KJV)

1 Cor 15:55-57

55 O death, where is thy sting? O grave, where is thy victory?

56 The sting of death is sin; and the strength of sin is the law.

57 But thanks be to God, which giveth us the victory through our Lord Jesus Christ.

(KJV)

2 Tim 1:10

10 But is now made manifest by the appearing of our Saviour Jesus Christ, who hath abolished death, and hath brought life and immortality to light through the gospel:

(KJV)

Heb 2:14

14 Forasmuch then as the children are partakers of flesh and blood, he also himself likewise took part of the same; that through death he might destroy him that had the power of death, that is, the devil;

(KJV)

Ps 41:3-4

3 The LORD will strengthen him upon the bed of languishing: thou wilt make all his bed in his sickness.

4 I said, LORD, be merciful unto me: heal my soul; for I have sinned against thee.

(KJV)

C) Redemption. Salvation (Note the testimony of God's mercy)

Ps 103:4

4 Who redeemeth thy life from destruction; who crowneth thee with lovingkindness and tender mercies;

(KJV)

Ps 103:4

4 Who redeems your life from the pit and corruption, Who beautifies, dignifies, and crowns you with loving-kindness and tender mercy;

AMP

1 Pet 1:18-19

18 Forasmuch as ye know that ye were not redeemed with corruptible things, as silver and gold, from your vain conversation received by tradition from your fathers;

19 But with the precious blood of Christ, as of a lamb without blemish and without spot:

(KJV)

Eph 1:7

7 In whom we have redemption through his blood, the forgiveness of sins, according to the riches of his grace;
(KJV)

Ps 56:13

13 For thou hast delivered my soul from death: wilt not thou deliver my feet from falling, that I may walk before God in the light of the living?
(KJV)

Ps 103:4

4 Who redeemeth thy life from destruction; who crowneth thee with lovingkindness and tender mercies;
(KJV)

Ps 103:8

8 The LORD is merciful and gracious, slow to anger, and plenteous in mercy.
(KJV)

Ps 103:11

11 For as the heaven is high above the earth, so great is his mercy toward them that fear him.
(KJV)

Ps 103:17

17 But the mercy of the LORD is from everlasting to everlasting upon them that fear him, and his righteousness unto children's children;
(KJV)

Ps 103:12

12 As far as the east is from the west, so far hath he removed our transgressions from us.
(KJV)

D) Gifts, Favor and Privileges which come by His mercies

Ps 103:4

4 Who redeemeth thy life from destruction; who crowneth thee with lovingkindness and tender mercies;
(KJV)

Ps 103:4

4 Who redeems your life from the pit and corruption, Who beautifies, dignifies, and crowns you with loving-kindness and tender mercy;
AMP

Rom 12:1

12 I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.

KJV

1 Peter 2:9-10

9 But ye are a chosen generation, a royal priesthood, an holy nation, a peculiar people; that ye should shew forth the praises of him who hath called you out of darkness into his marvellous light:

10 Which in time past were not a people, but are now the people of God: which had not obtained mercy, but now have obtained mercy.

KJV

Eph 2:4-7

4 But God, who is rich in mercy, for his great love wherewith he loved us,

5 Even when we were dead in sins, hath quickened us together with Christ, (by grace ye are saved;)

6 And hath raised us up together, and made us sit together in heavenly places in Christ Jesus:

7 That in the ages to come he might shew the exceeding riches of his grace in his kindness toward us through Christ Jesus.

KJV

2 Cor 4:1-4

1 Therefore seeing we have this ministry, as we have received mercy, we faint not;

2 But have renounced the hidden things of dishonesty, not walking in craftiness, nor handling the word of God deceitfully; but by manifestation of the truth commending ourselves to every man's conscience in the sight of God.

3 But if our gospel be hid, it is hid to them that are lost:

4 In whom the god of this world hath blinded the minds of them which believe not, lest the light of the glorious gospel of Christ, who is the image of God, should shine unto them.

KJV

Titus 3:5-6

5 Not by works of righteousness which we have done, but according to his mercy he saved us, by the washing of regeneration, and renewing of the Holy Ghost;

6 Which he shed on us abundantly through Jesus Christ our Saviour;

KJV

Phil 2:1-2

2 If there be therefore any consolation in Christ, if any comfort of love, if any fellowship of the Spirit, if any bowels and mercies,

2 Fulfil ye my joy, that ye be likeminded, having the same love, being of one accord, of one mind.

KJV

Ps 36:7-10

7 How excellent is thy lovingkindness, O God! therefore the children of men put their trust under the shadow of thy wings.

8 They shall be abundantly satisfied with the fatness of thy house; and thou shalt make them drink of the river of thy pleasures.

9 For with thee is the fountain of life: in thy light shall we see light.

10 O continue thy lovingkindness unto them that know thee; and thy righteousness to the upright in heart.

KJV

Jer 9:23-24

23 Thus saith the Lord, Let not the wise man glory in his wisdom, neither let the mighty man glory in his might, let not the rich man glory in his riches:

24 But let him that glorieth glory in this, that he understandeth and knoweth me, that I am the Lord which exercise lovingkindness, judgment, and righteousness, in the earth: for in these things I delight, saith the Lord.

KJV

Ps 40:9-10

9 I have preached righteousness in the great congregation: lo, I have not refrained my lips, O Lord, thou knowest.

10 I have not hid thy righteousness within my heart; I have declared thy faithfulness and thy salvation: I have not concealed thy lovingkindness and thy truth from the great congregation.

KJV

Ps 21:1-4

1 The king shall joy in thy strength, O Lord; and in thy salvation how greatly shall he rejoice!

2 Thou hast given him his heart's desire, and hast not withholden the request of his lips. Selah.

3 For thou preventest him with the blessings of goodness: thou settest a crown of pure gold on his head.

4 He asked life of thee, and thou gavest it him, even length of days for ever and ever.

KJV

Ps 65:11-13

11 Thou crownest the year with thy goodness; and thy paths drop fatness.

12 They drop upon the pastures of the wilderness: and the little hills rejoice on every side.

13 The pastures are clothed with flocks; the valleys also are covered over with corn; they shout for joy, they also sing.

KJV

1 Pet 5:4

4 And when the chief Shepherd shall appear, ye shall receive a crown of glory that fadeth not away.
(KJV)

E) Provision

Ps 103:5

5 Who satisfieth thy mouth with good things; so that thy youth is renewed like the eagle's.
(KJV)

Eccl 5:10-12

10 He that loveth silver shall not be satisfied with silver; nor he that loveth abundance with increase: this is also vanity.

11 When goods increase, they are increased that eat them: and what good is there to the owners thereof, saving the beholding of them with their eyes?

12 The sleep of a labouring man is sweet, whether he eat little or much: but the abundance of the rich will not suffer him to sleep.

KJV

Luke 12:19-21

19 And I will say to my soul, Soul, thou hast much goods laid up for many years; take thine ease, eat, drink, and be merry.

20 But God said unto him, Thou fool, this night thy soul shall be required of thee: then whose shall those things be, which thou hast provided?

21 So is he that layeth up treasure for himself, and is not rich toward God.

KJV

Matt 6:25-34

25 Therefore I say unto you, Take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment?

26 Behold the fowls of the air: for they sow not, neither do they reap, nor gather into barns; yet your heavenly Father feedeth them. Are ye not much better than they?

27 Which of you by taking thought can add one cubit unto his stature?

28 And why take ye thought for raiment? Consider the lilies of the field, how they grow; they toil not, neither do they spin:

29 And yet I say unto you, That even Solomon in all his glory was not arrayed like one of these.

30 Wherefore, if God so clothe the grass of the field, which to day is, and to morrow is cast into the oven, shall he not much more clothe you, O ye of little faith?

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

34 Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself.

Sufficient unto the day is the evil thereof.

KJV

Prov 27:20

20 Hell and destruction are never full; so the eyes of man are never satisfied.

KJV

Ps 103:5

5 Who satisfies your mouth [your necessity and desire at your personal age and situation] with good so that your youth, renewed, is like the eagle's [strong, overcoming, soaring]! [Isa 40:31.]

AMP

Ps 23:5

5 Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.
(KJV)

James 1:17

17 Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning.
(KJV)

F) Strength

Ps 103:5

5 Who satisfieth thy mouth with good things; so that thy youth is renewed like the eagle's.
(KJV)

Ps 103:5

5 Who satisfies your mouth [your necessity and desire at your personal age and situation] with good so that your youth, renewed, is like the eagle's [strong, overcoming, soaring]! [Isa 40:31.]
AMP

Phil 4:13

13 I can do all things through Christ which strengtheneth me.

KJV

Col 1:10-11

10 That ye might walk worthy of the Lord unto all pleasing, being fruitful in every good work, and increasing in the knowledge of God;

11 Strengthened with all might, according to his glorious power, unto all patience and longsuffering with joyfulness;
KJV

Eph 3:16

16 That he would grant you, according to the riches of his glory, to be strengthened with might by his Spirit in the inner man;
KJV

2 Cor 12:9-10

9 And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness. Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me.

10 Therefore I take pleasure in infirmities, in reproaches, in necessities, in persecutions, in distresses for Christ's sake: for when I am weak, then am I strong.
KJV

Isa 40:31

31 But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.
(KJV)

G) Protection

Ps 103:6

6 The LORD executeth righteousness and judgment for all that are oppressed.
(KJV)

Ps 103:6

6 The Lord executes righteousness and justice [not for me only, but] for all who are oppressed.

AMP

James 5:1-7

1 Go to now, ye rich men, weep and howl for your miseries that shall come upon you.

2 Your riches are corrupted, and your garments are moth-eaten.

3 Your gold and silver is cankered; and the rust of them shall be a witness against you, and shall eat your flesh as it were fire. Ye have heaped treasure together for the last days.

4 Behold, the hire of the labourers who have reaped down your fields, which is of you kept back by fraud, crieth: and the cries of them which have reaped are entered into the ears of the Lord of sabaoth.

5 Ye have lived in pleasure on the earth, and been wanton; ye have nourished your hearts, as in a day of slaughter.

6 Ye have condemned and killed the just; and he doth not resist you.

7 Be patient therefore, brethren, unto the coming of the Lord. Behold, the husbandman waiteth for the precious fruit of the earth, and hath long patience for it, until he receive the early and latter rain.

KJV

Deut 24:14-15

14 Thou shalt not oppress an hired servant that is poor and needy, whether he be of thy brethren, or of thy strangers that are in thy land within thy gates:

15 At his day thou shalt give him his hire, neither shall the sun go down upon it; for he is poor, and setteth his heart upon it: lest he cry against thee unto the LORD, and it be sin unto thee.

(KJV)

Ps 9:9

9 The LORD also will be a refuge for the oppressed, a refuge in times of trouble.

(KJV)

Ps 145:17-20

17 The LORD is righteous in all his ways, and holy in all his works.

18 The LORD is nigh unto all them that call upon him, to all that call upon him in truth.

19 He will fulfil the desire of them that fear him: he also will hear their cry, and will save them.

20 The LORD preserveth all them that love him: but all the wicked will he destroy.

(KJV)

No wonder this Psalm begins and closes with the inspiring exhortation: "Bless the Lord, O my soul!"